



**HOLIDAY MAKE AND TAKE- DEC 16<sup>TH</sup> 10AM-12:30,  
BROOKVALE PINES FARM- FREMONT, NH**

Come and join us for this fun morning at the farm. We'll be making holiday gifts using doTERRA essential oil products. There will be a holiday snack as well. See fee information above. Call the farm to register! Cindi @ 603-679-2415.

Marie Somers is an ND, RN, CPT and doTERRA Wellness Advocate. She has committed her professional life to studying and teaching alternative methods for holistic health for both the human and home.

Up Coming Events @ Brookvale Pines Farm:

- January 9<sup>th</sup> @ 6:30, Winter Skin Care
- January 24<sup>th</sup> @ 6:30, Western Price Chapter meeting
- Every Thursday @ 11Am, Food at the Farm! Home cooked meal from the farm and doTERRA oils. Great time to ask questions and get more information on both.

Call Marie for details on locations and times @928-237-0790

Visit Marie's Facebook Page @ Holistic Health and Home  
Visit Marie's Website @ [mydoterra.com/holistichealthandhome](http://mydoterra.com/holistichealthandhome)

HOLIDAY MAKE AND  
TAKE WORKSHOP  
WITH ESSENTIAL OILS  
\$5- \$7 Fee per item

Made with beneficial ingredients, these holiday make & takes will be great gifts for family and friends. We'll be making sugar scrubs, bath bombs, linen and room sprays, and more!

Another step in using natural solutions for your body & home

Preregister in advance for Door Prize!

**MARIE SOMERS  
ND, RN, CPT**

**HOLISTIC HEALTH  
& HOME**

Chester, NH  
(928) 237-0790

doTERRA Wellness  
Advocate #2903742